



Rocky River Public School Newsletter

Phone: 02 6778 4122

Fax: 02 6778 3019

Email: rockyriver-p.school@det.nsw.edu.au

354 Thunderbolts Way via Uralla NSW 2358

TERM 3, WEEK 7 - 28th AUGUST 2013

IMPORTANT DATES TO REMEMBER

- Thursday 5th September-School photos.
- Friday 6th September Rugby Day
- Saturday 14th September Bingo Night
- Thursday 19th September 2pm Kinder Orientation Information for Parents.

P&C

**The next P&C meeting
will be held on
Wednesday 4th
September at 3.30 pm.**

All Welcome

PRINCIPALS MESSAGE

Thank you Mr Sanders for organising a great Book Week assembly last week. Students at Rocky love to read and are very good readers. Don't forget next Thursday is photo day. I still need a parent to assist on that day. Friday 6th September will be our rugby day. Further information is coming.

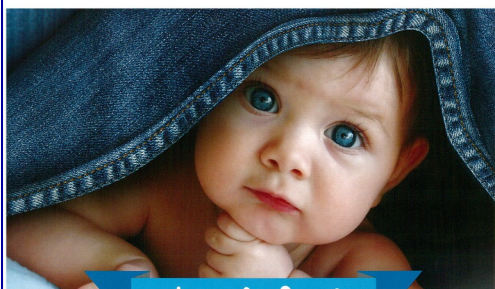
Preparations for the excursion to be held between 21st and 23rd September are in progress. I will need a male to accompany us on the excursion. Please contact me at school if you are able to help out.

Happy Fathers' Day to all the dads and grandads. Have a lovely relaxing day on Sunday.

P&C BINGO NIGHT



The P&C will be holding a Bingo night at the Uralla Bowling Club on 14th September commencing at 6:00 pm. If you are able to donate prizes for the night please leave your donation at the school. The P&C are also asking for donations of spoons, serviettes, coffee cups with lids, milk and sugar to help with fundraising when catering at farm sales etc. If you are able to help out in this way please leave your donations at school.



Jeans for Genes®

Thank you!

This Certificate of Appreciation
is awarded to

Rocky River Public School

Thank you for participating in
Jeans for Genes and helping to create
a healthier future for all children.



healthier kids, brighter futures
Jeans for Genes®, proudly supporting Children's Medical Research Institute



Mrs Jo Thornton
Rocky River Public School
354 Thunderbolts Way
URALLA NSW 2358

20/08/2013

Supporter No: 0145745

Dear Students & Staff,

Thank you so much for your wonderful support of Jeans for Genes and for your generous contribution of \$95.45.

All of us here at Children's Medical Research Institute, from the scientists, Jeans for Genes team and the thousands of children and families our research has helped in the past and will help for years to come, are truly grateful for your help in raising the vital funds necessary to continue our work.

Your contribution makes a real and immediate difference to our researchers' ability to find the causes and new treatments for childhood genetic diseases affecting 1 in 20 Aussie kids.

On behalf of everyone at CMRI and countless future generations of Aussie kids, please accept my heartfelt thanks for supporting Jeans for Genes. I hope you had a wonderful time helping us.

Yours sincerely,

Barry Kenyon
National Campaign Manager - Jeans for Genes

Look what's been happening in Lower Division

Our Entry in the Waste For Art Competition was runner up in the Primary School Group section. These artworks are currently on display at the Uralla Shire Library until the 2nd September, they will then go on display at Bundarra until the 16th September.



A Thank you from Bear Cottage



Thank You

Rocky River Public School

For your support of
Bear Cottage
during
Superhero Week 2013.



Dear Jo,

We just wanted to write and say a huge thanks to you and all the children from Rocky River Public School for not only taking part in our 2013 Superhero Week, but for raising much needed funds for the very special children and families of Bear Cottage.

Your donation was just fantastic-we greatly appreciate all your kind thoughts and generosity. I hope that whenever you all think of Bear Cottage, or come across a story about a child with a life-limiting condition, that you are reminded of just how much you have done to help them. It is your support that enables us to continue giving our special children the very best of care, so please remember that you have our most sincere thanks.

Here at Bear Cottage we come across superheroes everyday-the nurses and volunteers that support our very special kids-the families that keep finding the strength to fight and care for their children, and our brave children themselves, for whom everyday is a battle needing to be won. So it was lovely that you all rallied to support these amazing people, and show that anyone can be a Superhero.

All the very best

Bronwen Simmons

Look what's happening in Upper Division

GOOGLE DRAWING

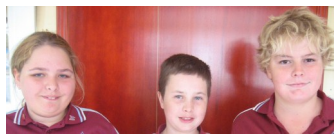
Upper division are participating in a drawing contest. The winner's drawing will be put up on the Google search website. Also the national winner will choose a teacher to go to Antarctica.

The winner will also receive ten Nexus 7 tablets for their school and one Nexus 7 tablet to keep for themselves.

By Joseph Feitz year 6



FROM OUR STUDENT LEADERS



BOOK WEEK

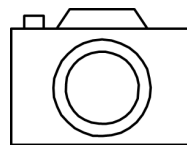
On Thursday the 22nd we had book week. There were some pretty cool books and posters. Everyone enjoyed it but what they enjoyed most was the piece of cake at the end!

By Harry Rowbottom yr. 6



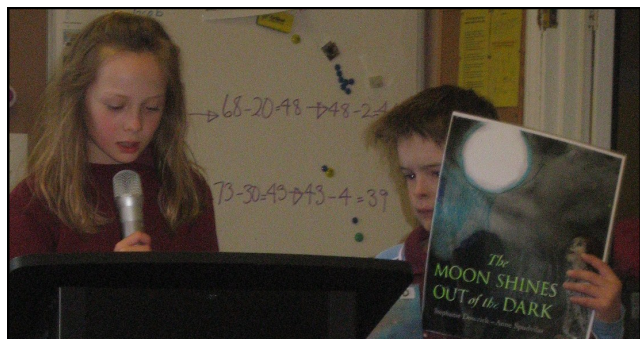
School Photos 2013

Our school is going to have our school photos on the 5th of September 2013.



We are required to wear short sleeve tee-shirts and black shoes.

By Katahna Griffiths Yr 6





ALAA Armidale Little Athletics Association

KIDS

Have Fun Outdoors.....Run Jump and Throw

Little Athletics is for all kids aged from 5 – 16

It's a great way to develop skills and fitness,
improve co-ordination and meet new friends.

Join us at Harris Park Thursday afternoons.
In Term 4 2013 and Term 1 2014.

Setup from 4.30pm.....Program starts at 5pm
First Club Night – 10th October

REGISTRATION

Thursday 12th & 19th September – McDonalds Restaurant – 4-6pm

WHAT TO BRING: *New athletes need to bring along proof of age,
eg Birth Certificate, blue book or passport.*

COST: \$75 plus a uniform if you don't already have one.

For more Info : Email jodiefittler@inet.net.au
Website: www.armidalelac.org.au
Phone: 0410066405

Instagram

Find out about Instagram and why it's useful and fun to use. Importantly, this fact sheet will help you decide if the mobile application is appropriate for your child.

Find out more: <http://bit.ly/18NSYS3>

Starting high school

Year 7 is a huge learning curve for many kids. If you have a child starting high school next year, here are some videos and articles to have you both ready to go.

Find out more: <http://bit.ly/Sfp15lfb>

Spring fitness

Be ready to inspire your whole family at the start of spring. Listen to Australia's popular personal trainer Michelle Bridges chat with James O'Loughlin about keeping your kids healthy, active and out of the pantry.

Find out more: <http://www.schoolatoz.nsw.edu.au/wellbeing/fitness/fitness-for-the-whole-family>

Spelling success

The Premier's Spelling Bee 2013 app has arrived. It's a must-have app for students who want to practise their spelling. It's free and available for Android devices.

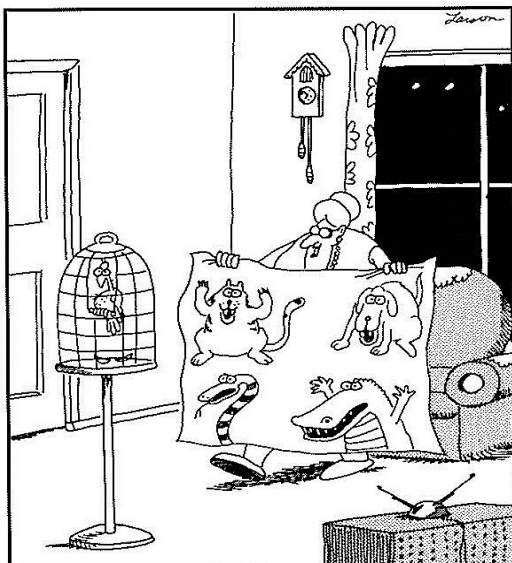
Find out more: <http://bit.ly/19XrnS1>

Managing depression

What's the difference between general teenage moodiness or attitude and a more significant emotional disturbance? Brain and mind specialist Professor Ian Hickie explains.

Find out more: <http://www.schoolatoz.nsw.edu.au/wellbeing/health/managing-depression-in-children>

The Far Side®



"Bedtime, Leroy. Here comes your animal blanket."

TO GIVE AWAY

We have some old gym mats at the school to give away if anyone is interested, they would make great dog beds!



Warm regards Rocky River Students & Staff.