



# Rocky River Public School Newsletter

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## IMPORTANT DATES TO

- 24th-28th March  
Scholastic Book Fair
- 24th-29th March  
RRPS Street Stall
- 29th March-Lantern  
Parade
- 2nd April-P&C  
Meeting 3.30pm
- 4th April Small  
Schools Cross Coun-  
try at UNE
- 11th April-Easter  
Hat parade

## TERM 1, WEEK 9– 26th March 2014

### PRINCIPALS MESSAGE

A big thank you goes to everyone who was able to join into the spirit of Harmony Day and support the students last Friday. We had quite a banquet with the most delicious foods from all over the world. The students enjoyed their week of celebrations and produced some outstanding projects and craft work.

On Monday the Upper Division students went to Uralla Central School to make and decorate their lanterns. I was very proud of how they worked to produce their lanterns and produced high quality lanterns. The parade on Saturday evening should be very exciting.

Thank you to everyone who has been supporting the Book Fair and thank you to Mrs Stace for setting it up and doing all the organisation. We have a wish tree for any families wishing to donate a book to our library.

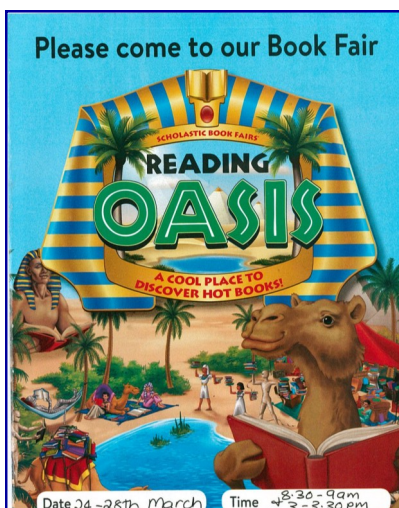


### CANTEEN

If you are interested in helping out with canteen please contact Jaz Taylor on 0437 957 219. There is a price list in the front foyer of the school and a tote tray provided to place orders into when students arrive.

### P&C

The next P&C meeting  
will be held on  
Wednesday  
2nd April 2014  
at 3.30 pm  
ALL WELCOME



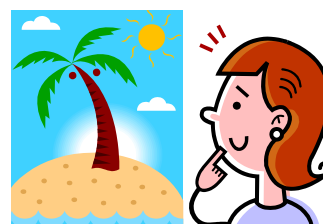
As you are aware, we have our Scholastic Book Fair running throughout this week, yesterday students were given the opportunity to have a look at the books and were encouraged to fill out a wish list to take home and show parents.

Please be assured you are not expected to buy any of the books on these lists they are just a guide if parents do wish to purchase, so please don't feel pressured.

Any purchases made at the fair earn bonus points to the school so we are able to add to our resources.

Thanks to those parents who have supported the fair.

We also have a school wishing tree with items picked out if parents would like to donate a book to the school.



## Look what's been happening in Lower Division

24 March 2014 On the  
 Wee Kaxx Weekend I Went  
 to the chook Show and I  
 won first prize!?

Congratulations!  
 Mrs B.

Paicey



I won two pink ribbons with  
 my hen and rooster.

Rowena

Peanut Butter  
 Peanut butter is orange.  
 It comes in a medium sized  
 jar. It is gummy! It smells  
 good. You eat it on bread!

✓ Fantastic work Nickey!  
 24/3.

Last week Lower Division students worked on a variety of projects to celebrate Harmony Day.

They created a number of artworks including a Harmony Day Poster which showed all the children's hands in Lower Division. We enjoyed learning the song "Hello to all the children of the world" which we sang at the assembly.

Hand made badges were proudly worn at the assembly, and we have learnt that it is okay to be different and we can accomplish anything with helping hands.





## Look what's happening in Upper Division

### FROM OUR 2014 STUDENT LEADERS



#### Lantern Making

On Monday we went to Uralla Central School and we got to make some lanterns. Everyone had lots and lots of fun making them from scratch! We can't wait for the Lantern Parade this Saturday because everyone will get to see not only our lanterns, but other ones too! There will be a really big monster lantern there called Sludge. We hope everybody can make it. Chris Rassatti, Sophie Byers, Nick Page



Harmony Day was a huge success! Thankyou to all the parents who took the time to make delicious foods from your child or children's countries. We had chocolate cake all the way through to cheese and salami! Everybody loved it!

We also had some lovely artworks from our countries. Everyone got to make their own and they were each different. We also made some carnival celebration masks and clothing on a person from our countries. Here are some pictures:

Rose Burke







## Dad and son time

A series of adventure-filled camping weekends for fathers and sons are being run at Sport and Recreation centres. With no computers, phones or TVs, dads and their boys will be able to spend time together and building a healthier relationship. Find out more: <http://www.dsr.nsw.gov.au/youngstars>

## Motivating lazy children

All kids are born active. Some just learn lazybones habits and need a nudge. Find out ways to encourage your child to get up off the sofa and get a little physical.

Find out more: <http://www.schoolatoz.nsw.edu.au/zh/wellbeing/fitness/motivating-lazy-children>

## Homework for little kids

Schools develop homework policies with the help of teachers and parents. These are used as a guide and are based on common sense. If you find homework is becoming too much or is too difficult for your child, have a chat with your child's teacher. Find out more: <http://www.schoolatoz.nsw.edu.au/homework-and-study/homework-tips/homework-for-little-kids>

## Helping your child to become a good speller

What do you do when your child is struggling with spelling? Should you let your child use a spell checker, for instance? Here are a few tips and techniques to make spelling easier. Find out more: <http://www.schoolatoz.nsw.edu.au/homework-and-study/english/english-tips/getting-your-child-used-to-writing>

## Why active kids are less likely to be cyberbullied

We all know that getting kids off the computer and outside to play is important for their health. But researchers have found kids who do extracurricular activities tend to be safer online, encounter less cyberbullying, and are more resilient to harassment if it occurs. Find out more: <http://www.schoolatoz.nsw.edu.au/technology/cyberbullying/kids-who-are-less-likely-to-be-cyberbullied>

## Maths assignment starters

Planning a budget or choosing the most suitable mobile phone plan involves understanding numbers and numeracy. These maths assignment starters will give you a handy start. Find out more: <http://www.schoolatoz.nsw.edu.au/homework-and-study/mathematics/maths-assignment-starters>

## Keeping your kids healthy

- Get your child to help pack their lunch box so they are more likely to eat what's in it.
- Try to include protein in your child's lunch box to keep them full and energetic.
- Exercise is vital in helping manage weight, keeping muscles strong, helping their hearts and lungs develop, and improving their hand-eye coordination.
- Wash your hands regularly to avoid germs.
- Cough into your elbow, not your hands.
- The healthiest drink options for kids are water and milk.



Look after your child's emotional health – try not to overschedule them, having some 'down time' is important too.

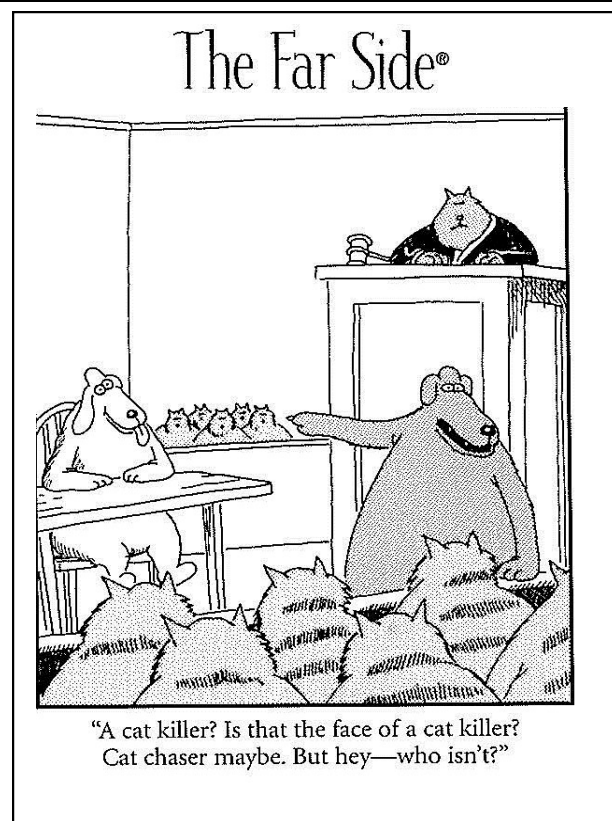
## Uralla Soccer Registration Days

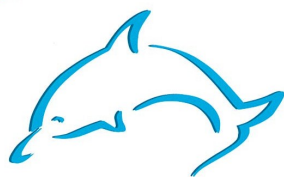
will be held at the Uralla Bowling Club on

- \* Saturday 8th March from 10am to 12pm
- \* Sunday 30th March from 12pm to 2pm.

All ages are welcome.

Enquiries to Quinten Dillon P: 6778 4953





STEWART HOUSE

## STEWART HOUSE DAY Friday 9th May 2014

### High Bounce Handballs

#### PLACING ORDERS

Order forms for High Bounce Handballs can be downloaded at [www.stewarthouse.org.au](http://www.stewarthouse.org.au) or contact Stewart House on 9938 3021 and have the forms faxed to your school. Stock ordered cannot be returned and an invoice will be issued with the goods if payment is not received with the order. All orders will be delivered to schools by Modern Teaching Aids.

These popular High Bounce Handballs are lightweight and perfect for fun in the playground while supporting Stewart House at the same time!

MTA-Modern Teaching Aids have generously funded the postage costs this year. Stock must be ordered in boxes of 10.



**\$3  
EACH**



### Win a family holiday worth \$4,000

#### DONATION DRIVE HOLIDAY DRAW

Take home an envelope and have an adult fill in the details.

Return the envelope to school on Stewart House Day with your \$2 donation.

**\$2  
DONATION**

Envelopes for the Donation Drive will be sent to all NSW Public Schools in Term 1, 2014. We recommend you give these envelopes out on the 1st day of Term 2, 2014 for collection on Stewart House Day. The holiday draw will be held at Stewart House on Friday 23rd May 2014. All completed envelopes and school cheques must be returned to Stewart House before this date.

### Would you miss \$4.00 per pay?

School staff have an opportunity to support Stewart House by contributing from their fortnightly salary.

Use Stewart House Day as a focus for encouraging staff to sign up to a regular donation.

It is easy to join, just visit  
[www.stewarthouse.org.au](http://www.stewarthouse.org.au)



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*Warm regards Rocky River Students & Staff.*