



Rocky River Public School Newsletter

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TERM 2, WEEK 1-30th April 2014

IMPORTANT DATES TO REMEMBER

- **5th May-GRIP Leadership conference for our student leaders.**
- **8th May-Life Education Van**
- **12th May-NAPLAN yrs 3&5**
- **30th May Athletics Carnival.**

CANTEEN

We are going to add hotdogs for \$2.50 and chicken nuggets (4 for \$2) to our canteen menu starting next week please ensure you order and pay for nuggets in lots of 4.

Volunteers for Canteen:

- 7th May—Jaz
- 14th May— Leanne Waters

P&C

The next P&C meeting will be held on
Wednesday
7th May at 5.30 pm
ALL WELCOME

PRINCIPALS MESSAGE

Welcome back to the new term. I hope everyone had a relaxing break as we head into another busy term.

Thank you to those who were able to attend the ANZAC March. I was extremely pleased with the behaviour of and the number of students who were able to attend. Our students conducted themselves with great respect which demonstrates their understanding of this occasion.

At the end of last term the students raised \$202.00 for the Doyle family appeal. Thank you to those people who were able to support this appeal.

During the holidays Andrew Page placed a stone with a plaque on it at the base of Lanthy's rose. The stone came from the river on Lanthy's family's property. She used to sit on the stone and throw rocks in the river with her grandpa. I would like to thank Simon Burke for making the plaque and Andrew and Megan for organising the placement of it.



Next Monday I will be taking our school leaders to a leadership conference in Armidale.

A gentle reminder to make sure all jumpers and jackets have names in them. We have a number of jumpers with no name on them in lost property.

We also have some monitor badges missing if anyone finds them at home could they please return them to us .



I hope you have all seen the latest edition of the Focus Magazine. If not make sure you have a look.

Look what's been happening in Lower Division



We all enjoyed a lovely afternoon on the last day of term one with a sausage sizzle and plenty of games and entertainment for our visitors, it was lovely to see parents joining in the fun and students had a great time hunting for easter eggs.



Look what's happening in Upper Division

FROM OUR 2014 STUDENT LEADERS



Everyone is excited to be back at school for a new term and we would like to thank everyone who attended the ANZAC parade. The school has put in a special plaque for Lanthy Lorenz and we have got a small cubical for little Phoenix .

Rose Burke, Sophie Byers, Chris Rassatti & Nick Page.





Anzac Day March





Family Relationship Centre

Centacare and the Family Relationship Centre are here to help you strengthen family relationships; help families stay together; and assist families through separation.

Courses for separated parents

Building Connections - FREE

This program aims to help separated parents have healthy and strong relationships with their children.

The pre-mediation program covers:

ways of communicating with the other parent
the impact of separation and conflict on children,
setting goals for future parenting
the support services available to you.

Armidale 2014

April

Wed 16th Apr 5.30 - 8.30pm

May

Thu 1st May 9.30am - 12.30pm

Wed 21st May 5.30 - 8.30pm

June

Thu 5th Jun 9.30am - 12.30pm

Wed 18th Jun 5.30 - 8.30pm

OUTREACH

Glen Innes - Wed 21st May - 1pm - 4pm

Inverell - Tue 24th Jun - 2-5pm

Exploring Challenging Children - FREE

This program covers how best to deal with extreme behavior and find workable solutions that satisfy both adults and children. The program provides an understanding of children with Autism Spectrum Disorder. We can also cover how to help children who have experienced trauma, abuse and neglect.



May 2014 Armidale

Thur 8th May - 9.30am to 12.30pm

Follow Up - Thur 14th August -
9.30 - 11am

Glen Innes - Wed 21st May -

9.30am - 12.30pm

Parenting Now (1-10 year olds) - FREE

Being a successful parent is hard work! Parenting Now offers strategies which could take some of the stress out of parenting. Sick of repeating yourself? Giving in to stop the whining? Feeling bad for your kids' bad behaviours? Come and see how Practical Positive Parenting could help your family.

June 2014 - Armidale

Thursday 12th June 9.30am - 12.30pm

Follow Up - Thursday 18th September - 9.30am -
11.00am

Inverell - Tue 24th June - 10am -1pm

Surviving Your Adolescents (11-22 year olds) - FREE

Surviving Your Adolescents is a program which will provide parents with some useful skills for dealing with teenage behaviour. Find out what is normal behaviour for a teenager; how to manage risk-taking; tips to maintain and improve your relationship with your teenager; and the Four Cardinal Sins (what not to do) of parenting teens.

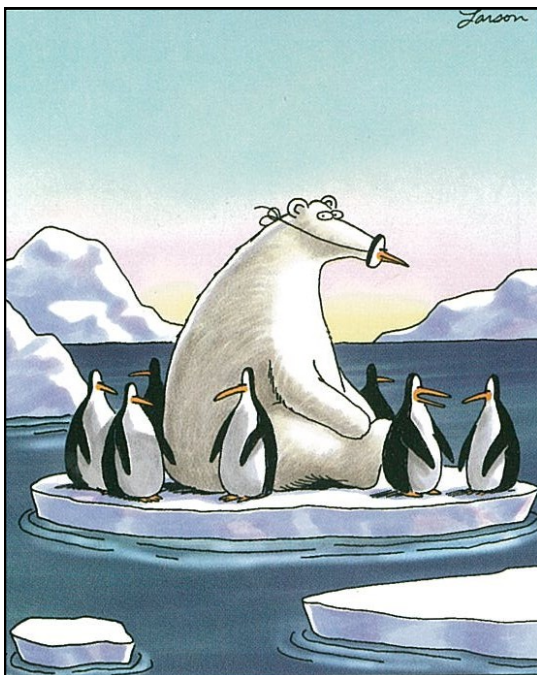
April 2014 - Armidale

Monday 28th April - 9.30am to 12.30pm

Follow up - Thursday 17th July - 9.30am -11.00am



The Far Side®



"And now Edgar's gone. ...
Something's going on around here."

Warm regards Rocky River Students & Staff.