



Rocky River Public School Newsletter

Phone: 02 6778 4122

Fax: 02 6778 3019

Email: rockyriver-p.school@det.nsw.edu.au

354 Thunderbolts Way via Uralla NSW 2358

TERM 2, WEEK 9-25th June 2014

IMPORTANT DATES TO REMEMBER

- **26th June-P&C Raffle tickets due back**
- **27th June-last day of Term 2.**
- **Tuesday 15th July 3rd Term begins for students.**

PRINCIPALS MESSAGE

This is the final newsletter for this term. School will finish at 3:00 pm on Friday 27th June and reopen on Tuesday 15th July. Monday is a staff development day. Last week I sent out an interview timetable. Unfortunately Mrs Thornton was having a moment and had June instead of July. If you have not returned your interview note and still wish to do so, a new timetable is attached to this newsletter. I hope everyone has a safe and relaxing holiday.



CANTEEN

Jas is asking for ideas regarding the canteen menu. If you have suggestions on new menu items could you contact Jas on 0437 957 219 or send an email to the school. We have introduced Devondale flavoured smoothies, they will cost \$1.50 and Devondale plain milk that will cost \$1.

Canteen Volunteer Roster:

- 16th July-
Matthew Peterson

P&C

The next P&C meeting
will be held on
Wednesday
16th July at 5.30 pm
ALL WELCOME



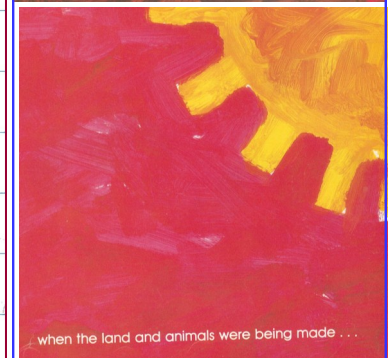
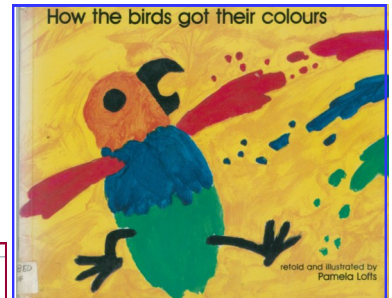
This is our new School Gazebo. These boys along with the help of Mrs Wilkinson and Mrs Thornton had a practice run at putting it up last week. It will be a great asset to our school.

Look what's been happening in Lower Division

Lower Division students have been celebrating NAIDOC week by listening to Dream Time stories. This story was written by Leticia McCudden in Year 2 after the students watched the short film on the Smart Board and then were asked to retell the story in their own words. Well done Leticia.

How the Birds got Their colours.

When the earth was ~~was~~ being made, the birds had no colours and they were black. One day a dove was ~~searching~~^{searching} for food and it saw a big ^{juicy} gousy worm. ~~and~~ The little dove landed on a ^h ~~sharp~~ stick and ~~cut~~ his little foot. It was getting ~~swollen~~^{swollen} and ~~it~~^{he} started to get sick. All the birds gathered around and one bird ^{burst} ~~the little doves~~ ~~his~~ foot open. ~~and~~ Then they got splashed with colours. Some were red, some green



and some blue. Some spotty and some colour ful. Then the dove thanked the bird and got better. ~~and~~ Crow didn't get any colours, because he didn't help. ~~and~~ The crow didn't help because he had his hands behind his back, and was standing too far away to get any colour

A lovely
retell of a dreamtime
story Leticia. Well done!
Mina B.

Look what's happening in Upper Division

FROM OUR STUDENT LEADERS



This Week....

Is a very important week because it's the last week of term and we are celebrating Naidoc Week in the same week! We have been doing wonderful art for Naidoc Week. We have been making stories with symbols and painting them in traditional colours. We have also been playing Aboriginal games which is extremely fun!

We have been doing Zumba on Friday afternoons and it has been fun!!!

We wish everyone happy holidays and safe driving if you travel!

From Nicholas Page, Rose Burke, Christopher Rassatti.



Mrs Page is running our Numeracy program at school with great success!

The reason for the program is to help students develop an automated response to a mathematical equation, to be able to answer the sum from memory using strategies taught in maths sessions. The students work through nine goals trying to finish them in under a minute! They also use speed sheets where they have to answer as many equations as possible in two minutes, but their favourite way to learn the strategies is by playing mathematical games.



EXCURSION INFORMATION

We are proposing to conduct a school excursion for all students K-6 to Green Valley Farm in term 4. The dates are 15th to 17th October. This excursion would support the work we have done in class on gold and the Chinese in Australia as well as our PDH/PE programs of "You Can Do It." Lower Division would participate on the first day while Upper Division would participate in a 3 day, 2 night excursion.

Lower Division students would need to be transported by parents whilst Upper Division would need to be transported by bus to allow for travel to other venues on day 2.

The cost for the excursion would be \$13:00 for Lower Division and \$140:00 for Upper Division students. Attached is information about the park and the other venues as well as a permission note. If you wish your child/children to attend the excursion, please return the permission note and a \$20:00 deposit to school Friday 25th July.

Payments can be made to the school throughout the term to make it easier if you wish.

If you have any concerns please ring me at school on 67784122.

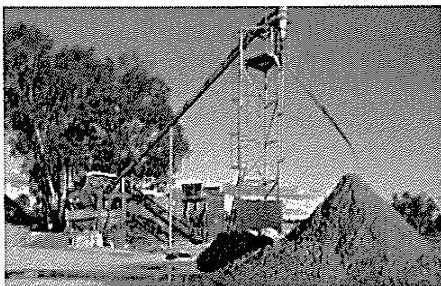
Tingha Sands

only 15 minutes from GVF

Try some fossicking for some Quartz Crystals & Grass Stones..

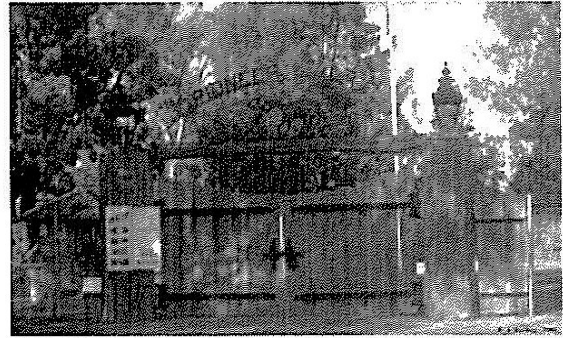
Tingha Sands is a company that "mines" sand from old tin-mining sand dumps on their property. The sand is processed through a machine that washes it & removes the "oversize" material. The oversize contains whole quartz crystals and various broken pieces in a wide range of sizes for you to fossick for. The quartz can be clear or smoky. It is very common for the quartz to contain rutile needles - just a few or almost totally filling the quartz. This is known as "grass-stone" and the Tingha area is famous for extremely good examples

Could drop in here on your way to GVF or on your way home & do the a little fossicking



Pioneer Village

only 35kms from GVF in Inverell



Inverell Pioneer Village is a collection of authentic historic buildings and homes from Inverell and the surrounding Districts dating from 1841 set in a peaceful village environment.

Display's in the Pioneer Village include Grove Homestead which was originally built in 1841, Keera Station Blacksmith's Shop showing the tools of trade of the early blacksmith, The Mining Museum housing a collection of photographs and mining tools dating from the late 1800s from the Inverell, Tingha and Emmaville Districts, Rob Roy Hall with the George Devine Photographic and Camera Museum and the old Inverell Hospital Ward housing the RSL Museum of Militaria and memorabilia from all the wars in which Inverell District has been represented.

Could take your packed lunch here on the way home if you travel back through Inverell & do the Pioneer Village

Wing Hing Long Tingha

10km from GVF

As you step into this store/museum, you step into an experience which links past, present and future.

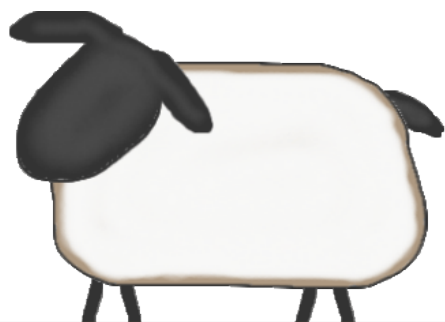
In visiting Wing Hing Long you will encounter:

- * The rise and decline of a tin mining town and community
- * The buildings, fittings and flavour of a rural general store from early in the twentieth century
- * The importance and diversity of the contributions made by Chinese-Australians to rural commerce and life



Could drop in here on your way to GVF or on your way home & do the a little fossicking

EXCURSION INFORMATION



Green Valley Farm



Summer 2 night stay

(1 teacher free of charge to every 20 students)

\$45.00 Per student/teacher/carer



- * TWO sessions in the Water slide area
(big water slide/water activity play pool/little water slide)
- *un-limited 18 hole Mini putt putt Golf
- *An outdoor quiz FUN & EDUCATIONAL
(Quiz sheet with clip board/pencil supplied)
- *Animal feeding including some interesting & FUN facts
- *Scavenger Hunt
- *Night tour of Museum FUN & EDUCATIONAL
(Quiz sheet with clip board/pencil supplied)
- * A didgeridoo player for around the camp fire & camp fire stories
(Didgeridoo player only available if the date is available in his calendar)
- * TWO nights' Accommodation in bunk rooms
(must bring own sleeping bag/pillow)
- *Full use of camp kitchens & amenities
- *Camp fire (wood supplied)

Including Catering AND package above

(please see menu above)

\$95.00 infant/primary

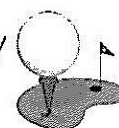
\$105.00 high school

INCLUDES

Day 1	Day 2	Day 3
1 x Afternoon tea 1 x Dinner & Dessert	1 x Breakfast 1 x morning tea 1 x lunch meal 1 x Afternoon tea 1 x Dinner & Dessert	1 x Breakfast 1 x morning tea 1 x packed lunch meal

\$100.00 infant/primary

\$110.00 high school



INCLUDES

Day 1	Day 2	Day 3
1 x lunch 1 x Afternoon tea 1 x Dinner & Dessert	1 x Breakfast 1 x morning tea 1 x lunch meal 1 x Afternoon tea 1 x Dinner & Dessert	1 x Breakfast 1 x morning tea 1 x packed lunch meal

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Office of
Communities
Sport & Recreation

Media Release

2 JUNE 2014

WINTER WARMERS – Keep kids active these school holidays

Shake off the winter blues these school holidays by getting outside and active at a Sport and Recreation school holiday camp.

Recent research has revealed that more than 80 per cent of Australian children fail to get one hour of exercise each day, ranking them behind Britain and Finland as among the least active in the world.*

NSW Sport and Recreation spokeswoman Rosemary Davis said school holiday camps were the perfect antidote to today's sedentary lifestyle.

"Our camps are about green time, not screen time," said Ms Davis.

"Bookings are now open for school holiday camps at 11 picturesque locations across NSW. From adventure camps, cooking camps, fishing camps and even a snow sports week at Jindabyne, there is something for all types of kids these school holidays.

"The camps offer traditional camp activities such as camp fires, archery and high ropes, through to skiing, rock-climbing and canoeing – all under the supervision of friendly and qualified staff.

"Mastering these exciting challenges and meeting new friends in a supportive environment can help children to grow into confident young individuals, and have a lot of fun in the process."

Sport and Recreation Centres offer day-time and overnight school holiday programs in scenic Australian bush locations for children and young people aged 7 to 16.

Winter kids' camps run from 28 June – 11 July 2014.

The affordable school holiday packages include all activities, accommodation, nutritious meals and 24-hour supervision. Supervised transport is also available to and from most camps.

Don't want to let the kids have all the fun? No problem! There are also family camps for the whole gang, including weekend snow packages in Jindabyne.

For more information and to book, visit the website at www.dsr.nsw.gov.au/kidscamps or phone 13 13 02.

Media Contact: Megan O'Neill or Grainne Murphy 9561 8583

*Is sport enough? 2014 Report Card on physical activity for children and young people, Natasha Schranz, PhD from the University of South Australia



DO YOU LOVE CREATING THINGS? COMBINE ARTS AND CRAFTS WITH MORE TRADITIONAL AND FUN CAMP ACTIVITIES. LET'S SEE HOW CREATIVE YOU REALLY ARE THESE SCHOOL HOLIDAYS!



Our kids' camps at Lake Keepit Sport and Recreation Centre are designed and delivered by qualified instructors and focus on giving kids a taste of valuable life skills.

Through a range of fun and exciting activities, the kids are encouraged to grow and develop socially, make new friends and try new things.

30 June to 4 July

1st week of the
Winter school holidays

7—12 years

\$265.00

Private Transport on this program only.

Participants can arrive at the centre from 11:00am on Monday and be picked up from the centre before 1:00pm on the Friday.

Lake Keepit Sport and Recreation Centre

For more information

Phone: (02) 6769 7603 or Fax: (02) 6769 7585

Email: lake.keepit@communities.nsw.gov.au

Web: www.dsr.nsw.gov.au



**Office of
Communities**
Sport & Recreation



Flu season is here!

Influenza is spread from person-to-person through the coughing or sneezing of infected people. Remind your child about these good hygiene practices to minimise the spread of infection:

Anyone who is sick with influenza symptoms should stay home until their symptoms are gone.

Cover the nose and mouth with a tissue when coughing or sneezing. Throw the tissue in the garbage bin after use.

Wash hands often with soap and water, especially after coughing or sneezing. Alcohol-based hands cleaners are also effective.

Avoid touching eyes, nose or mouth. Germs spread that way.

If you or your child develops influenza-like illness, seek the advice of your family doctor as you would with any other illness.

The seasonal influenza vaccine, which protects against the pandemic influenza strain as well as two other influenza strains, is now available free to eligible people. More information about the vaccine is available from the NSW Health Immunisation Unit's [vaccination page](#).

Previous vaccination with the pandemic influenza vaccine, Panvax® is not a barrier to also receiving the seasonal influenza vaccine.

Banish the "I'm bored" complaints these holidays

It's harder in winter to keep kids occupied with anything other than a small screen. Here are some websites that have great tips for things your family can do these school holidays, whether you're staying put or taking off on a holiday across the state:

[Destination NSW](http://bit.ly/1niJ7sl) (<http://bit.ly/1niJ7sl>)

[Winter school holidays in Sydney](http://bit.ly/1nQsVC6) (<http://bit.ly/1nQsVC6>)

[School holidays in Newcastle](http://bit.ly/1nljlpq) (<http://bit.ly/1nljlpq>)

[Winter school holidays Central Coast](http://bit.ly/1ingSwX) (<http://bit.ly/1ingSwX>)

[Attractions for kids in regional NSW](http://bit.ly/1IE8vMw) (<http://bit.ly/1IE8vMw>)

[Sydney Olympic Park – What's On](http://bit.ly/1IXUJ7Z) (<http://bit.ly/1IXUJ7Z>)

[Australian Museum](http://bit.ly/1uEBhxD) (<http://bit.ly/1uEBhxD>)

[Movie Reviews – Raising Children Network](http://bit.ly/1pKNjb6) (<http://bit.ly/1pKNjb6>)

[Kids Camps – NSW Sport and Recreation](http://bit.ly/1hWxTra) (<http://bit.ly/1hWxTra>)

Keep brains ticking over these holidays!

If your child is working on a personal project or a school assignment these school holidays (or you want to make use of the break for a little revision), don't forget www.SchoolAtoZ.com.au has lots of information and fact sheets to help with homework.

For students polishing their spelling skills, the free Spelling Bee mobile app also allows them to record a list of their own words and then test themselves. You might even want to challenge them with a list you create. Here's where you'll find the free app to download:

<http://bit.ly/Q9ez0G>

Handmade Happiness

Give a little, change a lot!

Handmade Happiness is a not-for-profit organisation in order to save the orangutans. Orangutans have 97% of their DNA common to humans, but it is believed that Sumatran and Bornean Orangutans are likely to be extinct in the wild in 10 years!

Handmade Happiness is selling a huge variety of bits and pieces that are completely handmade. This includes:

Paper Bookmarks.....\$2.50

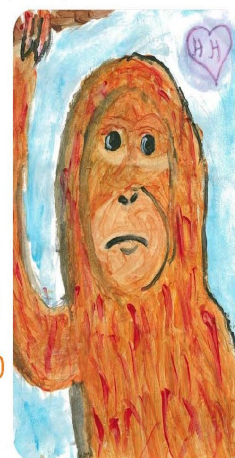
Personalised Bookmarks (paper)... \$5.00

Woven Bookmarks..... \$5.00

Button Bookmarks..... \$2.50

Woven Dog leads.....\$10.50

Felted Animals.....\$3.50



This may vary in future. For more information, talk to Emma or Rose. Bookmarks will be sold at our school.

Thankyou!



Kinesiology Breath Work Art & Sound Therapy

When you truly want to heal and grow



Do you really want to release your pain?

Are you really willing to feel through what is needed for healing to occur?

Are you willing to face your personal truth?

Are you willing to uncover your fears?

Are you willing to experience the benefits of feeling alive, joyful and full of passion?

Cut to the chase and discover through a process whether you really want to heal and grow into your full potential. Your words may be saying "of course!", but your emotional body containing all your fears may be saying something entirely different.

If it is revealed that your willingness is not there, come and find out why and what deep beliefs and emotions are blocking you.

Find out your true fears and desires and save yourself years of therapy!

With 20 years experience Laura is
Confidant in her ability to assist
your healing process

Please feel free to call
0434 405 490
lauratolli11@gmail.com
www.lauratolli.ntpages.com.au
Private, Phone and Skype sessions



UNITED TAEKWONDO
Fitness and Self Defence
태권도 연합



United Taekwondo

Opening in Uralla term 3!

Games for exercise, basic self defense
and taekwondo training for kids 5-12



Register your interest today
to receive a discounted sign-up fee!

Contact the instructor on 0408 669 214
Or visit our website at www.utkdarmidale.com.au

ADVENTURES IN ART: for kids aged 8 and up

Tuesdays or Wednesdays, 4 - 5.15 pm

Cost for the term: \$150

Term 3, 2014 (10 weeks) commences July 15
or 16

Adventures in Art is a stimulating weekly class
for kids aged 8 and up, who enjoy making art.
Kids will express their creativity in an individual
way as they try new possibilities in drawing
and painting, printmaking and sculpture.
Some exhibition visits are also included.

Classes are held in the Packsaddle Studio at
NERAM, with all materials provided. Maximum
class size: 12.

Enquiries: Del Bennett 6772 7544 or
dbennett@tpg.com.au

NERAM

Mud Mania!

School Holiday Workshop
Wednesday 2 July 10am - 4pm
For: Ages 5-12 Cost: \$50 whole
day

A fun hands-on tactile workshop
for children to 'squelch' their
hands into clay and mould their
own portrait.

Face to Face exhibition will be the
inspiration for children to experience
a range of portraits. Artist Rick Hatch will instruct the children to
closely observe what is unique about them and interpret it in 3D modelling
using basic clay techniques. Works will be fired and can be
painted using brightly coloured slips. Bring a photo of yourself to work
from.

BYO morning tea and lunch. All materials and firing supplied.
Under school age must be accompanied by a responsible adult.
PREPAYMENT essential at www.trybooking.com/FCVR



Warm regards Rocky River Students & Staff.