



Rocky River Public School Newsletter

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TERM 3, WEEK 6– 19th August 2015

IMPORTANT DATES TO REMEMBER

- 24–28th August–
Book Week
- 27th August –Book
Week Assembly
9am
- 28th August–Zone
Athletics Carnival
- 18th October–
Proposed Car Boot
Sale

Thank goodness for some warmer days this hopefully is an indication of good things to come. With the warmer weather students are taking off jumpers as they become hot and it is often difficult to find who owns these jumpers. Please ensure all clothing is labelled clearly.

Attached to this newsletter is a permission note for your child to take part in a survey about the school. They did a similar one earlier in the year. Please complete the non-consent form and return to school 28/08/2015 if you **DO NOT** want your child to participate in the survey. Parents are also being given the opportunity to take part in a survey. Please read the attached information sheet which explains why the school is participating in this survey. If you have further questions, please contact me at school. I will be sending further information about how to complete this survey at a later date.

CANTEEN

Every Wednesday

Price List:

Pizza Singles....	\$3
Chicken Nuggets (4)...	\$2
Beef Lasagne.....	\$3
Spaghetti Bolognaise...	\$3
Sausage Roll.....	\$2.50
Pie	\$2.50
Ice Cream	\$1.50
Popper	\$1.50

CANTEEN ROSTER:

26th Aug –Emma Carter
2nd Sept–Erica Peterson

Book Week Assembly 2015

Thursday 27th August 9am

Lower Division:

Students in lower division are to choose a book and come to school dressed as a character. Students will have the opportunity to briefly describe their book at the assembly. This is to be organised at home but students may use a library book or a book from home.

Upper Division:

Students in Upper Division will be completing a character study as part of their library lessons. They are to come to school dressed as their character and describe their character at the assembly.

If you have any questions please contact me at school on Wednesdays or Thursdays Ph: 67784122 or via email samantha.pye2@det.nsw.edu.au

Thanks,
Samantha Temoso



P&C

The next P&C meeting will
be on Wednesday 2nd
September at 5.30pm

ALL WELCOME



Upper Division students need to bring in the names and authors of any books they have read since the beginning of Term 2 as these need to be added to their Premier's Reading Challenge logs by next Thursday 20th August.

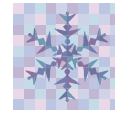
Unfortunately, if students do not complete this by the closing date, they will not be eligible for certificates.

NSW Premier's
Reading Challenge

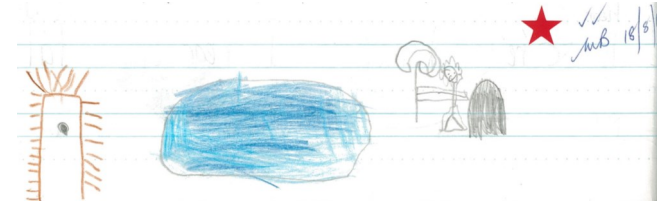
LOOK WHAT'S BEEN HAPPENING IN LOWER DIVISION



WINTER STORIES

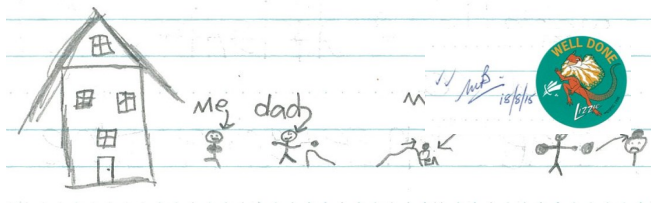


I see a frosted lake and icy snowmen. I see snowballs rush past my face and I see the smoke coming out of the chimneys. I hear the fires crackling and I hear snow falling. I smell the smoke from the fires and I smell the soup cooking. I taste the warm soup and I taste the hot chocolate. It is winter and it is cold outside.



Aubrey Harrison

I see trees bending as they swing in the soft breeze. I see the snow on the ground, I see signs to stop because black ice is on the road. I hear the big bon fire as it goes bang, crackle, crackle. Outside I hear the skidding cars as they try to get into a driveway. I smell the hot chocolate coming out of the pan. I smell the pizza coming out of the oven. It smells delicious. I taste the cheese on the pizza and the chocolate in the hot chocolate. I wear warm clothing because it's pretty cold In winter. Winter, I dislike it.



Jesse Gardiner

I see the icy cold grass and snow all over the bricks. I can see snow balls rushing past me. There is frost everywhere and thi road is looking like snow and ice.

I hear the children screaming as they toss snowballs at each other and the cars squashing the ice. I hear an eagle hovering overhead. All the children are excited and noisy. I smell the tasty pumpkin soup that mum has made and the delicious hot milo in the microwave. I smell the smoke coming towards me. I taste the exciting yummy pumpkin soup and the hot milo tastes like chocolate. It is so delicious. Winter is never too cold me! Winter! Oh Winter! Exciting Winter! I love winter!



Claudia Reynolds

Students have created these wonderful Sunflower artworks that are now on show in our classroom.



LOOK WHAT'S BEEN HAPPENING IN UPPER DIVISION

Bake a Cake

Yesterday at school Mrs Thornton brought an absolutely delicious and extremely healthy homemade cake to share with everyone. The recipe for which you will be able to see further in the newsletter but I'll give you a little hint, it contained home grown broccoli and a delicious cream cheese icing. A great way to get your kids to eat their greens and still be happy as well.

Here are some comments from students about what they thought of the cake. "Hello Toby, what did you think of the cake?"

"I thought it was really good."

Jacob, "I liked the cake but the icing was a bit too strong for me."

Emma, "The icing was too strong."

"Two students even asked for the recipe."

Holley. "It was awful"

Ricky, "It was ok"

Thank you by.

Stelios Charnas



Broccoli Bread

- 1 large head broccoli
- 3 eggs
- 1 cup olive oil
- 1 cup caster sugar
- 1 tsp vanilla extract
- 2 cups self-raising flour
- 2 tsp baking soda
- 1 tsp ground ginger
- ½ tsp ground cinnamon
- ½ tsp ground cloves
- 2 tsp fine salt
- ricotta and honey, to serve Serves 4

How sneaky is this - Ed Halmagyi's delicious, sweet fruit-style bread that hides the king of green vegies! Wait til your kids are begging for more before you announce how good for them it is!

Preparation

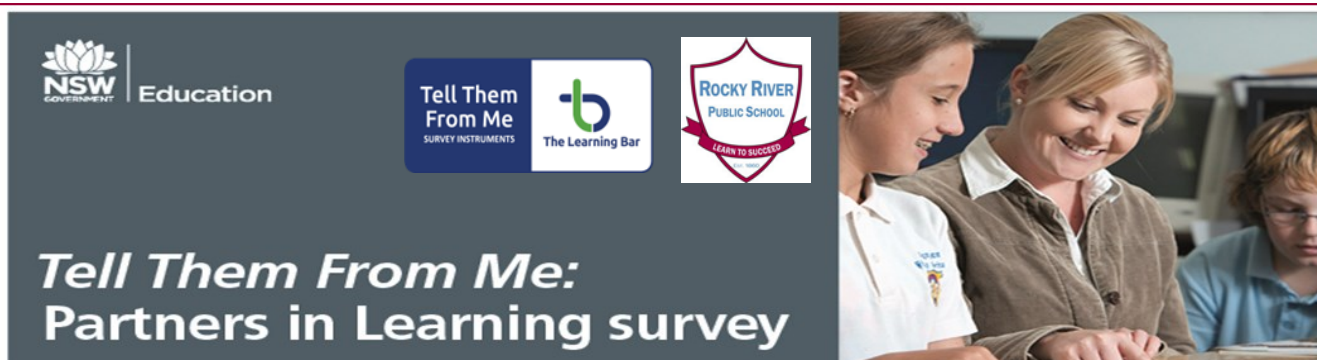
1. Preheat oven to 170°C.
2. Cut the broccoli into quarters and steam until just tender, then pulse until a coarse paste appears.
3. Combine the broccoli, eggs, oil, sugar and vanilla in a large bowl, then sift in the flour, baking soda, spices and salt.
4. Fold in gently then spoon into a greased 2 litre loaf pan and bake for 45 minutes or until a skewer can be inserted and removed cleanly. Allow to cool before serving toasted with ricotta and honey.



This recipe can be found on the schools A-Z website.



FOR YOUR INFORMATION



You're invited to participate in the *Tell Them From Me (TTFM)* Partners in Learning survey designed for parents and carers. This survey complements the TTFM student and teacher surveys, which focus on student engagement, well-being and effective teaching practices. All Department of Education schools have the opportunity to participate if they choose.

Why should I participate?

Parents and carers are an important and valued part of the school community. Schools can use survey feedback to make practical improvements and inform school planning.

What does it involve?

This online survey takes about 15 minutes to complete. It is anonymous and voluntary.

If you have more than one child at this school, and feel that your children's experiences differ, you can complete the survey more than once.

How can I participate?

You can access the survey in your own time, between 17 August and 16 October 2015.

Follow the link below on your computer or tablet:

More information on the Partners in Learning survey can be found on the NSW Department of Education's TTFM website: <http://surveys.cese.nsw.gov.au/>

The *Partners in Learning* parent feedback survey

Our school will also be participating in the *Partners in Learning* parent survey, another part of the *Tell Them From Me* suite of surveys (student, teacher and parent surveys) on student engagement. The survey asks parents and carers questions about different factors that are known to impact on student wellbeing and engagement.

Running this survey will help our school understand parents' and carers' perspectives on their child's experience at school. These include: communication between parents/carers and staff, activities and practices at home and parent/carers' views on the school's support of learning and behaviour. This valuable feedback will help our school make practical improvements.

The survey is conducted entirely online at home or on public computers. The survey will typically take 15 minutes or less to complete and is completely confidential. The parent survey will be conducted between 17 August and 16 October. Participating in the survey is entirely voluntary, however, your responses are very much appreciated.

More information about the survey is available at: <http://surveys.cese.nsw.gov.au/information-for-parents>

FOR YOUR INFORMATION



We have noticed that some people are still doing a U turn at the front of the school when dropping off or collecting their children, this is illegal and also very dangerous. Please drive a little further and turn at the turning bay on the left just past the school boundary.

Advice from Uralla Shire Council

It has come to Council's attention that residents are receiving phone calls from companies selling products or services they associate with the Z-NET project and Uralla Shire Council.

Neither Z-NET nor Uralla Shire Council are associated with these companies, their products or services.

When dealing with an unsolicited sales person, either over the phone or at your door, bear in mind these tips from NSW Fair Trading:

- Never give out any personal information or bank account details.
 - If you receive a phone call or visit about something you are not interested in say so, make no commitment to anything and do not ask for further information.
 - Ask the caller/sales person what company they are from, get an address, a website address, a contact phone number.
 - Sales people should carry ID.
 - Sales people are not allowed to knock on your door if you display a 'Do Not Knock' sign.
 - If you are thinking of buying a product/service shop around: can you get the equivalent product locally?
 - Contracts can be verbal, don't commit or sign anything until you are 100% sure you are getting what you want. If you have questions ask someone you trust to look over the contract with you.
 - For solar PV and hot water must be installed by properly licensed electrical contractors.
 - Any trade work that will cost you more than \$5000 must also be done by licensed trades people.
- If you have a complaint or concerns about the company, contact the NSW Fair Trading on 13 32 20. If you would like to find out more about the Z-NET project, please contact Council on 6778 6300.

Kind regards and apologies for any cross posting,
Stephanie

Stephanie McCaffrey

Environmental Management Coordinator

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Good for Kids good for life

WINTER RECIPE: HEALTHY NACHOS

INGREDIENTS	QUANTITY
Tortillas	4
Minced garlic	1 Tsp.
Mince, lean	500g
Carrot, grated	1
Kidney beans, canned	200g
Tomatoes, canned	1 x 400 g
Mexican seasoning or spice mix	2 Tbsp.
Cheese, reduced fat	1/2 cup



METHOD

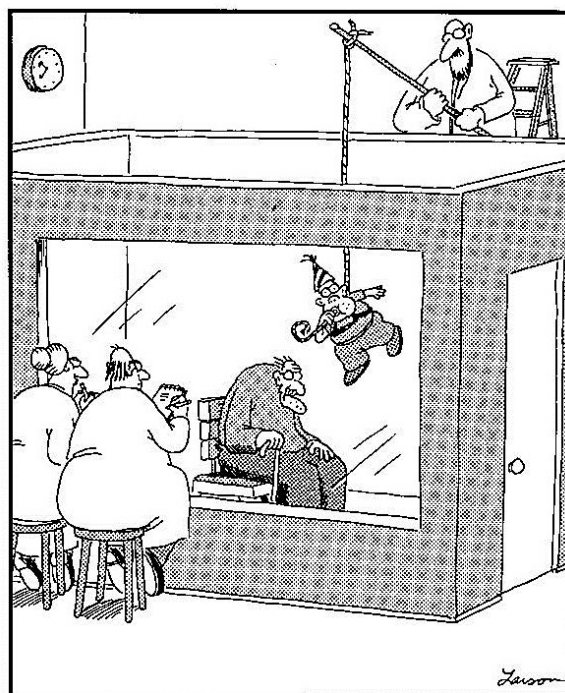
1. Preheat oven to 160 degrees. Brown mince in a large pan and drain liquid.
2. Mash kidney beans and add to mince along with seasoning, garlic, carrots and tomatoes. Simmer for 5 minutes.
3. While the mince mixture is simmering, spray the tortillas with olive oil and cut each into 6 pieces. Then toast in the oven for 5 minutes. Remove and allow to cool.
4. Arrange tortillas pieces in a bowl and add mince mixture on top. Sprinkle with cheese.

Makes 4 serves



PHONE 4924 6499

The Far Side®



At the Crabbiness Research Institute

Warm regards Rocky River Students & Staff.