

# Newsletter Item Term 1, Week 1 2016

Welcome to Term 1 everyone. My name is Peta Deiderick and I have been appointed as the Relieving Principal for terms 1-3 2016. This will involve me teaching in the Upper Division classroom, however I look forward to working with both teachers and students across the whole school over a 3 term period.

Just to share a little about myself: I love teaching and learning. I like to be challenged and am very excited about taking on a new role that is outside my usual square. I have lived in Armidale most of my life apart from several years I spent living in Indonesia, whilst my parents were working over there. I have 2 daughters, Molly and Lucy and love the outdoors and sport. I am a keen hockey player and am passionate about my involvement in Armidale Primary School Sports Association. I look forward to meeting new students and parents and being involved in the Rocky River School Community in any way I can.

It has been lovely to have been welcomed so warmly by the staff, students and families and although it has been a very busy start to the school year it has been a very pleasant one.

A special welcome to our new families, staff and Kindergarten students that have started at Rocky River Public School this year.

Our Small Schools swimming carnival is to be held on **Thursday 4 February 2016** and notes have gone home today in regards to this. Please return these notes as soon as possible.

I am very much looking forward to working with the staff, students, families and community members here at Rocky River Public School and look forward to meeting anyone I haven't caught up with yet.

This year each week I will be adding information in regards to our You can Do It focus.

## What is YCDI Education?

To begin the year I would like to provide a quick overview of the program for our new families and a refresher for everybody else.

You Can Do It! Or YCDI! was developed by Professor Michael E. Bernard. The program which is adopted by the school focuses on the 5 keys to Success and Happiness. These keys are clearly displayed around the school. The purpose of YCDI! Education is to support communities, schools and homes in a collective effort to optimise the social, emotional, and academic development of our students. Its unique contribution is in identifying the social and emotional capabilities that all our students need to acquire in order to be successful in school and at becoming effective good citizens and members of our community.

These 5 keys include:

CONFIDENCE

PERSISTENCE

ORGANISATION

GETTING ALONG

RESILIENCE

Rocky River has also added a very important key being **COMMUNITY PARTICIPATION**.

This year we will be focusing more on each of the 12 habits of the mind that underpin each key to success and Happiness. The students will undertake weekly lessons to develop the habits of the mind and gain a deeper of understanding on what these behaviours look like, sound like and feel like.

This term we will focus on the key of **ORGANISATION**.