



Rocky River Public School Newsletter



Education
Public Schools

Phone: 02 6778 4122 Fax: 02 6778 3019

Email: rockyriver-p.school@det.nsw.edu.au

354 Thunderbolts Way via Uralla NSW 2358

TERM 2, WEEK 8, 15 JUNE 2016

PRINCIPALS MESSAGE

Firstly I would like to congratulate and thank Miss Amberley Burton on the completion of her teaching practicum at Rocky River. We have enjoyed having Miss Burton at our school and look forward to seeing her in our classrooms as a qualified teacher.

The students thoroughly enjoyed gymnastics last week and I look forward to seeing the new skills they have learnt this week.

This semester we have been focusing on using our 'Keys to Success' and positive mind habits. To celebrate our success in You Can Do It, we will be taking the students to watch the newly released 'Finding Dory' movie at the Belgrave cinema next Tuesday. This will also coincide with the completion of an informative unit in Upper Division on the Great Barrier Reef. A note will go home today and needs to be returned by Monday.

Good luck to Abby and Harrison at the North West cross country trials at Coolah on Friday.

The positive habit of mind focus this week is "Being Independent". This means preferring but not needing the approval of others and thinking that it's important to try new activities and to speak up even if classmates think I'm silly or stupid.

As parents and carers we need to discourage the negative habit of mind where students are "Needing Approval" – thinking that they need people (parents, teachers, peers) to approve of what they do and that, when they don't, it's the worst thing in the world.

Confidence requires that young people not be overly concerned with what others think if they make a mistake. Confidence is revealed when young people are not afraid to fail and are happy to tackle something new.

Some ways you can help at home are;

- Provide strong, immediate reinforcement (i.e., verbal and non-verbal) for effort your child puts toward work that he/she finds hard or boring (little jobs, puzzle, colouring).
- Praise your child when he/she willingly does tasks (chores) that are not fun without complaining.
- Catch your child doing something that requires effort, and praise him/her for trying hard.
- Praise your child for returning to a task (chore) that requires effort to complete.

Have a great week.

Peta Deiderick



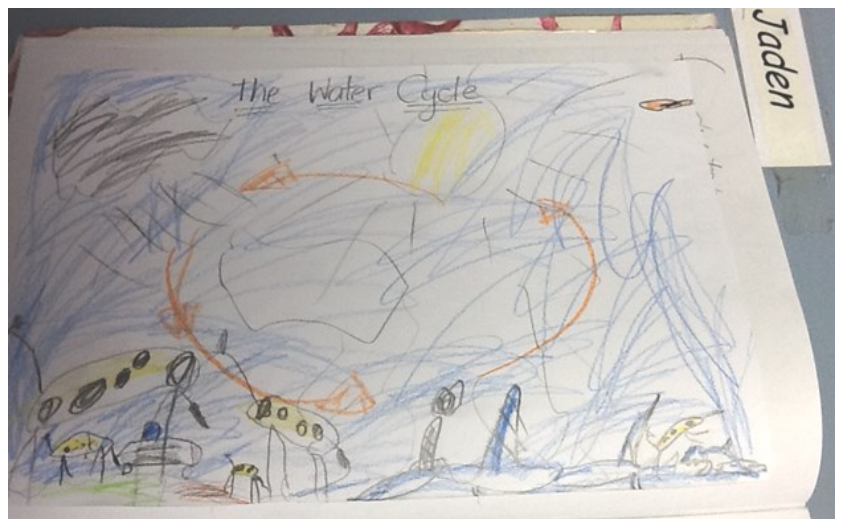
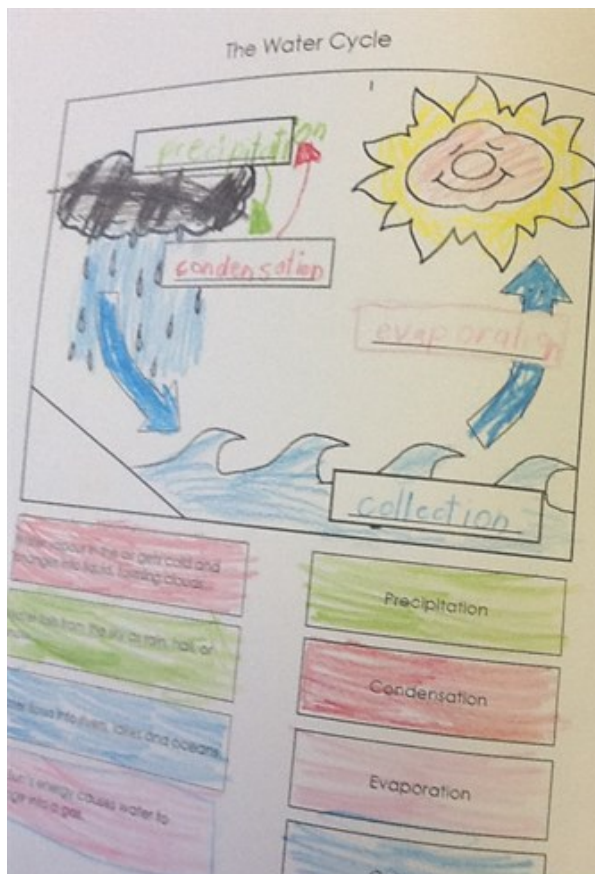
Being Independent

... leads to confidence
and not feeling worried

MAKING CLOUDS WITH LOWER DIVISION

Lower division have been learning about the weather and how the water cycle goes around. Last week the students participate in a science experiment on precipitation.

K-2, Ms Macinnis and Mrs Castle have been making clouds using shaving cream, a glass jar, water and blue dye.



THE GREAT PACIFIC GARBAGE PATCH

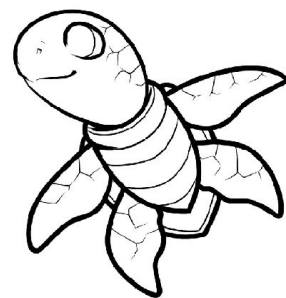


Upper division students have created a collage of The Great Pacific Garbage Patch, which is displayed on their classroom door.

It is made up of different plastics that can be found in the garbage patch.

They have also been learning about the Great Barrier Reef and look forward to seeing the movie

“Finding Dory”.



FOR YOUR INFORMATION



2016 WINTER HOLIDAY CAMPS THE BEST HOLIDAYS HAPPEN AT CAMP

- ✓ New friendships
- ✓ Great value
- ✓ Fun
- ✓ Safe

Our popular Winter Kids' and Family Holiday Camps are filling fast. Find out what's on including our popular ski and snowboard camps at Jindabyne.

Led by qualified instructors, you can rest easy knowing your kids are in safe hands. Our Kids' Camps are suitable for kids aged 7 to 16 years* and range from 1 to 7 days.



Residential Kids' Camps include:

- 24 hour supervision
- Instructor led activities
- Accommodation
- Meals
- Supervised transport

*Snow Sports camps are suitable for kids aged 10-16 years.

Family Camps include:

- Instructor led activities
- Meals
- Accommodation
- Lift and lesson tickets and transport to Perisher (for Jindabyne camps only)**

**Kids as young as 6 years can participate in group lessons as part of a Family Camp.

sportandrecreation.nsw.gov.au/kidscamps | 13 13 02
fb.com/nswsportandrecreation



Office of Sport
& Recreation

HOCKEY IN THE HOLIDAYS



FUN
ACTIVE
EDUCATIONAL

GET YOUR SCHOOL HOLIDAY ACTIVITIES SORTED AND SIGN UP TO AN UNDER 12 DEVELOPMENT CLINIC TODAY. RESERVE YOUR SPOT VIA THE DETAILS BELOW.

New England Hockey Complex

TIME: 10am - 3pm

DATE: Monday 11th July

CONTACT: Blair Chalmers

PHONE: 0447 186 477

REGISTER AT

<https://developclinics.eventdesq.com>

CANTEEN

Every Wednesday

Price List:

Pizza Singles.....	\$3
Chicken Nuggets (4)...	\$2
Beef Lasagne.....	\$3
Spaghetti Bolognaise...	\$3
Sausage Roll.....	2.50
Pie	\$2.50
Ice Cream	\$1.50
Popper	\$1.50

Canteen Roster

- **15 June—Jo Dolon**
- **22 June—Jade Hodges**

IMPORTANT DATES TO REMEMBER

- P&C meeting August 3 5.30pm
- North West Cross Country trials 17 June
- Gymnastics Armidale City club June 10, 17, 24 & July 1
- NAIDOC assembly 30 June 2.30pm

Just a reminder..

School Uniform order forms are available from the front office. Orders for Rocky River school jackets will need to be placed soon.

Thank you.

P&C

The next P&C meeting will be Wednesday 3 August at 5.30pm

ALL WELCOME

NEWSLETTER VIA EMAIL

If anyone is interested in receiving the newsletter via email please email the school at

rockyriver-p.school@det.nsw.edu.au

Healthy Kids Is your child constantly sick? Do they suffer from frequent runny noses, coughs, or ear infections? Constantly battling with a fussy eater?



Naturopath, Nadine Groves specializes in children's and infant health. Nadine can help you understand your children's health needs throughout their growth and development.

Providing support for cognition and learning, stress and anxiety, immune support, and allergy and respiratory relief.

Naturopath Clinic, Armidale and Invergowrie 67752567



The Far Side



"well, you can just rebuild the fort later, Harold. ... Phyllis and Shirley are coming over and I'll need the cushions."

Warm regards Rocky River Students & Staff.