



Education  
Public Schools

# Rocky River Public School Newsletter

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354 Thunderbolts Way, Rocky River NSW 2358



TERM 3 WEEK 9 - 17 SEPTEMBER 2019

## PRINCIPALS MESSAGE

### Welcome to week 9

Thank you to our fabulous community for your generous donations towards Camp Quality last Wednesday. We had a wonderful time giggling with the riders, sharing jokes and enjoying the puppets. There was also some very crazy hair out and about!

This Friday 20 September at 2:15pm, we celebrate our talented musicians and music program running at Rocky River in our end of term assembly. We look forward to sharing our talents and celebrating another successful term with you.

This week we look at how outdoor learning and nature play helps our students develop empathy. Students are more likely to be engaged and sociable when in the outdoors and playing with nature.

Have a great week everybody.

5

### Empathy

Children are less likely to be bullied in natural play spaces than on traditional playgrounds.



### Having No Goals

... leads to being disorganised and avoiding responsibility

### You Can Do It

### Organisation

I have noticed this term the transformation of students Organisation in the classroom and the playground. It is lovely to hear that students are taking these skills home also.

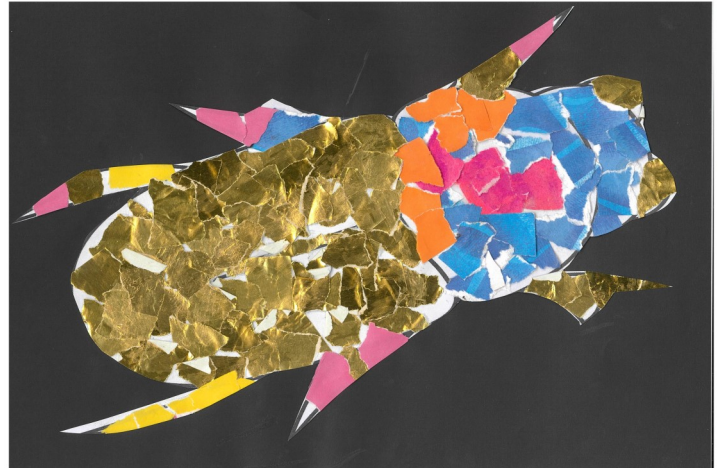
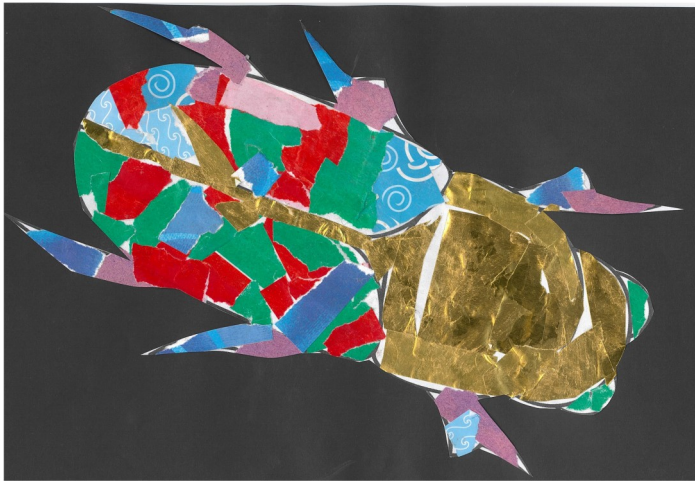


### Setting Goals

... leads to organisation and trying hard to be successful



## KEEPING UP WITH LOWER DIVISION



African Beetles created by LD during art and craft.

## KEEPING UP WITH UPPER DIVISION

Last week the Yr. 6 students attended the first orientation day for transition into Yr.7 at O'Connor Catholic College. They are looking forward to high school and enjoyed meeting new students.





## FOR YOUR INFORMATION

### CANTEEN

Every Wednesday

#### Price List:

Macaroni & Cheese.....	\$3
Pizza Singles.....	\$3
Chicken Nuggets (4).....	\$2
Beef Lasagne.....	\$3
Spaghetti Bolognaise.....	\$3
Sausage Roll.....	\$2.50
Pie .....	\$2.50
Ice Cream .....	\$1.50
Popper .....	\$1.50
Milk.....	\$1.50
Fruit Icy Pole.....	\$1

Canteen duty

September 18- Erica

September 25- Leanne or Erica

### ROCKY RIVER P&C

NEXT MEETING -

Wednesday 16  
OCTOBER

5.30pm



#### 5 facts about strawberries

1. Strawberries aren't actually berries, they are known as 'accessory fruits'
2. On average, strawberries have about 200 seeds
3. They're the only fruit with their seeds on the outside
4. They are a good source of Vitamin C
5. Most children love them!

Why not pack strawberries for Crunch&Sip\* this week?

NOW ENROLLING



Laying Foundations for Learning

Catering for 3-5 year olds

Affordable preschool education from  
as little as \$3.00 per day

5 Hill Street, Uralla NSW 2358

[www.urallapreschool.com.au](http://www.urallapreschool.com.au)

Call NOW to schedule a tour: 6778 4510



Don't forget there will be a Music Concert and assembly this Friday 20 September at 2.15pm ALL WELCOME.



**MAKE A DIFFERENCE,  
BECOME A CARER TODAY.**



Caring for those who care for kids

Same, but different kinds of families needed for foster, kinship, emergency, respite care, guardianship and adoption.

[myforeverfamily.org.au](http://myforeverfamily.org.au) | 1300 782 975

### Kindergarten Transition Program for our 2020 Students.



Rocky River Public School staff and students are excited to welcome 2020 Kindergarten students to our Kindergarten Transition Program.



The Kindergarten Transition program is designed to support children and their families as they prepare for school.

We follow the Early Years Framework which guides the implementation of educational programs.

The Early Years Learning Framework allows the teacher to build on children's current experiences which helps them to feel secure, confident and connected

Mrs Sally Castle will be running the program and the theme will be Zoo Animals. The program will run for 5 weeks beginning on Monday 21 October. The schedule is outlined below.

If you have a child who would be interested in participating in this program please contact the school on 67784122 or email [rockyriver-p.school@det.nsw.edu.au](mailto:rockyriver-p.school@det.nsw.edu.au)

DATE	TIME	WHAT TO BRING
Monday 21 October	9am-11 am	Water bottle, fruit, hat
Monday 28 October	9am-11 am	Water bottle, fruit, recess, hat
Monday 4 October	9am-1 pm	Water bottle, fruit, recess, hat
Monday 11 November	9am-3pm	Water bottle, fruit, recess, lunch, hat
Monday 18 November	9am-3pm	Water bottle, fruit, recess, lunch, hat

## Calendar of Events - TERM 3 2019

Month	Week	Mon	Tues	Wed	Thurs	Fri	Sat/Sun
September	9	16	17	18 Canteen	19 School Banking	20 Music concert and Assembly 2.15pm	21/22
September	10	23	24	25 Canteen School disco 5.30-7pm	26	27 Footy Colours & Digital tech. day	28/29
September/ October		School Holidays					
October		School Holidays					

## Calendar of Events - TERM 4 2019

Month	Week	Mon	Tues	Wed	Thurs	Fri	Sat/Sun
October	1	14	15	16 Canteen P&C Meeting 5.30pm	17 School Banking	18	19/20
October	2	21 Kindergarten Transition 9-11am	22	23 Canteen	24	25	26/27 Thunderbolts festival
October/ November	3	28 Kindergarten Transition 9-11am	29	30 Canteen	31	1	2/3
November	4	4 Kindergarten Transition 9am-1pm	5	6 Canteen	7	8	9/10



# Harwood swimming

[www.harwoodswimming.com.au](http://www.harwoodswimming.com.au)



## Things you need to know at a glance!!!!

- TERM 3 FINISHES SATURDAY SEPTEMBER 21<sup>ST</sup>
- **TERM 4 BEGINS Monday OCTOBER 14<sup>th</sup>**
- 2 BIG WEEKS OF INTENSIVES!!!! SEE BELOW FOR DETAILS
- **SQUAD TRAINING TIMETABLE INFO BELOW**
- **ADULTS SWIMMING AVAILABLE THROUGH HOLIDAYS**
- **TO BOOK...PLEASE EMAIL [harwoodswimming@bigpond.com](mailto:harwoodswimming@bigpond.com)**
- **SUBMIT YOUR ACTIVE KIDS VOUCHERS EARLY PLEASE**

## PLEASE REMEMBER...

**YOUR BOOKING FROM TERM 3 WILL ROLL OVER AUTOMATICALLY TO TERM 4.**

Need to make a change? Please fill in our poolside lesson change register or email us. **FEES TERM 4, 2019 1 Group class/wk:** Parent in \$120; Parent out \$160; Private 30 \$320; **2 group classes/wk \$260 for LTS, Stroke and Skill Squad.**  
**SQUADS:** 1/week \$135; 2/week \$220; 3+/wk \$275.

## SPRING INTENSIVES

We have intensives running at THE TAS POOL over the School holiday break for Learn to Swim and Stroke devel.

**SEPT.30 - OCT.4<sup>TH</sup>** from 3:30pm

Cost: \$85 per child/week.

**SEPT. 8-11<sup>TH</sup>** from 3:30pm

Cost: \$70 per child/week.

**That's ½ a Term in just 1 week!**

## GET ASSESSED FOR THE NEW TERM

We will be open each afternoon in the last week of school (From 3:45-5:30pm, September 23-27<sup>th</sup>) to take bookings at the pool and assess any new or existing students booking in for Term 4. So if the kids have had a break or are wanting to join in and you're not sure where they will fit...bring them down.

**We are updating our website:**  
[harwoodswimming.com.au](http://harwoodswimming.com.au)

## JAMES IS BACK!!!!

James is back from his trip and has some great training ideas and stories of some interesting experiences.

## WHAT ARE THE BENEFITS OF INTENSIVES??

Intensives are a great way to get back into swimming after a break. They are also perfect to help children break through any barriers or concepts they are having difficulty with. So

book now for a holiday intensive and do ½ a term of lessons in 1 week.

## **FEES, FEES, FEES, FEES, FEES** **OUR BANK DETAILS...**

**High Country Swimming**

**BSB: 082407 ACC: 95 697 2912**

Please remember to add your child's name as a reference.

## HOLIDAY SQUAD TIMETABLE

**WEEK 1- SEPT 30-OCT. 4<sup>TH</sup> and**

**WEEK 2 - OCT. 8-11<sup>TH</sup>**

Tues. Thurs. and Fri. 6-7:15am.

Mon. Wed 5-6:30pm.

## **HighCOWS and FILLY'S** **HOLIDAY SWIMMING**

We will continue to train over the JULY holidays \$10/session or \$150/20 sesh.

**HighCOWS/FILLY'S:**

**Tuesday 6-7am, Thursday 6-7am, Friday 6-7am**

[harwoodswimming@bigpond.com](mailto:harwoodswimming@bigpond.com)

## ALLIGATORS SWIM CLUB

Armidale Alligators will have a sign on for their swim club on Wednesday September 25<sup>th</sup> from 5:30pm, as well as a race night to show how it all works. This is a great way to improve, so come on down to TAS pool.

## ACTIVE KIDS VOUCHERS

Please note...we do accept Active Kids Vouchers. Please print or email the voucher, add your child's DOB on the voucher and a receipt for the remainder of your fees or cash.

**There is a new round of Active Kids Vouchers available from July 1. These vouchers can take some time to claim. If you plan to use yours for swimming in Term 4, please help us out by submitting yours as early as possible. SUMMER'S COMING...CAN'T WAIT TO GET IN THE SWIM!!!!**



## FOR YOUR INFORMATION

**WOULD YOU LIKE TO RECEIVE THE ROCKY RIVER PUBLIC SCHOOL NEWSLETTER VIA EMAIL?**

To Join our emailing list please email the school to receive the weekly newsletter.

**rockyriver-p.school@det.nsw.edu.au**

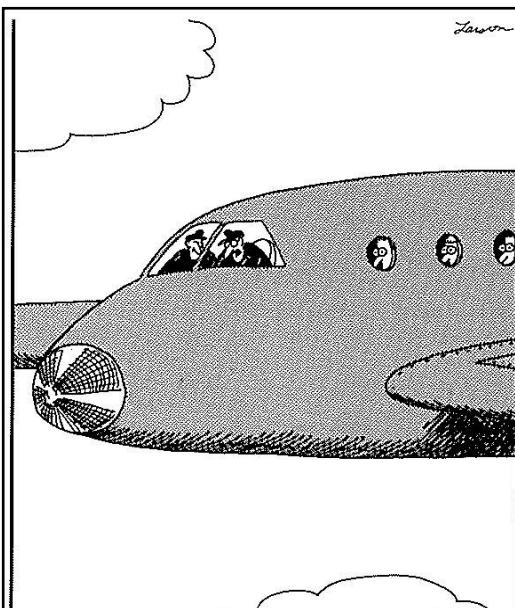


Our School Bus Contacts

**Malcolm Macpherson**

Phone: 02 6777 2436  
 Fax: 02 6777 1342  
 Mobile: 0417 443 387 Tammy 0427 692 265  
 Email: [info@oxleyexplorer.com.au](mailto:info@oxleyexplorer.com.au)  
 Address: 10 Meridian St, Walcha NSW 2354  
 Web: [www.oxleyexplorer.com.au](http://www.oxleyexplorer.com.au)

## The Far Side®



"The fuel light's on, Frank! We're all going to die! ...  
 Wait, wait. ... Oh, my mistake—  
 that's the intercom light."

# THANK YOU

TO OUR



SPONSORS

**Little Ladybird Plant Nursery**  
 The place for the organic grower

We aim for the best and healthiest plants for our Tablelands climate, and are dedicated to providing the best products for organic and fertile gardens.

Help is available for diagnosing plant problems, advice on plant requirements, pruning methods, and coping with climate change and pests in the garden.

Julie is passionate about helping the home gardener grow healthy food in a sustainable, low-maintenance way. Plant variety and soil minerals are important items.

Autumn is the time to plant spring bulbs, broccoli, herbs etc., and order trees.

**164 BRIDGE STREET (Hwy),  
 URALLA Ph 6778 3098**

**OPEN**  
 Wed to Sat 9 am - 5 pm  
 Sunday 9 am - 3 pm

Visit us also on our Facebook page.

**Uralla Vet Clinic**

We're open 6 days a week, plus our after hours service provides you 24/7 assistance in emergencies. Please call to make an appointment during consultation hours.

Monday - Friday 8:30am - 5:30pm  
 Saturday 9am - 12pm  
 116 Bridge Street, Uralla

**Our dedicated team is always here for your pets**

**Barry Blair  
 Media**

Rocky River P&C would like to thank Toby and Trish from the Bushranger Motel for kindly donating their return and earn recycling bottles to our school.



37 Bridge St Uralla  
 6778 3777

*Warm regards Rocky River  
 Students & Staff.*